Suggested template for a submission to the Senate Inquiry on Excess Deaths to report the unexpected death of someone you know.

1. Introduction

Give a few sentences to explain who you are and a bit about your life (your work, or family role for instance). Say what state/territory you live in. Do you live in a big city or rural?

2. Why I am making this submission?

I write because I have information that I believe is relevant under terms of reference (b) factors contributing to excess mortality in 2021, 2022 and 2023.

My information is about a person I know well who died unexpectedly during this period. I believe their death was one of the excess deaths and that their story may shed light on factors contributing to excess mortality.

3. Details of the death

The person who died was (name). They died on (date of death if you know it, if not the month and year will probably be enough) aged (age in years). It is my understanding that they died from (medical condition). I knew this person well because (give relationship).

4. If you have access to their death certificate.

The underlying cause of death on their death certificate was given as: (transcribe the first cause of death mentioned). Contributing causes on their death certificate were: (transcribe any other causes mentioned). You could even submit a scan of the death certificate.

5. Health of the person in 2019

Briefly describe the health of this person in 2019. (If the person was very unwell and frail in 2019 so that their death could have been expected in the following years, then a submission to this inquiry is probably not appropriate).

6. What happened to the person

Describe what you know happened leading up to the person's death.

7. What I think were the contributing factor(s) to their early death

Give what you believe to have been the factors that led to their early death.

8. Other information

Provide whatever evidence or information you can to support what you think. For example:

If you believe their early death was related to covid vaccinations, give the brands of their vaccinations and the dates of vaccination if you can. Say whether their death was reported to the TGA as possibly being related to the vaccines. If you think it was not reported, you could give your opinion on why you think it was not reported.

If you believe their early death was due to covid, say whether the person was vaccinated against covid and, if you know, which vaccinations they had and when. If you feel their treatment for covid made matters worse, say so, stating what treatments were used. If you believe other factors, such as prevention of visits from family members also contributed to their death, say so.

If you believe inappropriate outpatient or hospital protocols or over-stretched hospital staff were at fault, then say so and give any evidence for this that you have.

If you believe lockdowns led to their death, explain why and how this happened.